

Ley Love Down – On Site Protocol Guide

The following guide is for the use of Ley Love Down Members working on site on ley lines or portals.

You should always remember:

- Safety First
- The Guiding Principles

Safety First

- It is better to go in pairs or in groups.
- If you feel uncomfortable at any time, leave. If there is doubt, there is no doubt, leave the site and report it on the Ley Love Down Group.
- Use effective protection, say out loud, three times: **“I do not consent to anything negative being attached to my energy”**.
- Consider leaving your at least 30m phone away from the site you are working on.

The Guiding Principles

The Ley Love Down Guiding Principles for working with Mother Earth’s Energy System are as follows:

1. Our goal is to bring balance.
2. We always show respect.
3. We do the work with no Ego.

The Statement of Intention

One of your Group or the Group Leader should say this before you enter on to the site. It should be confident and said with purpose. Use the Acronym CLAP if you are unused to public speaking (Clear, Loud, As an Order and With Pauses).

'We call on all the benevolent beings of the utmost, highest, loving intent in all dimensions and in all directions of time and space to assist us to do what is right, in protecting, bringing balance to, and maintaining the balance of the ley lines, portals, vortexes and chakra points of our mother Earth. Please close any portals which we may unintentionally open as we do this work.

We do not give permission for humbug, negative intentions or negative energies to be aimed toward us, and kindly return to sender all negative intentions as is our divine right.

Please assist and protect us as we do what is right for the good of all, always, to maintain the harmonics and balance of the natural world, for wholesomeness, joy, prosperity, freedom, and harmony, within the highest timeline of love. And for the highest good of all.'

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We recommend you adopt the following further principles:

- If you are confident and able to protect yourself going out on your own is OK but it is recommended to go in numbers. If you do not have a group, use the Ley Love Down Community to organise one.
- The intent is always to bring balance – ‘to maintain the harmonics and balance of the natural world’ (from Trevor Wie).
- Prior to entering the space, the following steps be taken:
 - Introduce yourself (either aloud or telepathically):
Explain why you are there. You can say: **I am here to bring loving frequencies and intent to maintain the harmonics and balance of the natural world. I am here in love, and I respect your home.**
 - Reassure the nature spirits that you mean no harm – that you are coming from a place of love – that you will look after the area; do no harm; will not litter or steal. You can use the simple statement: **I will do you no harm.**
 - You should ask that you be looked after. **I ask that you extend me your protection.**
 - Lastly use the Statement of Intention and then proceed.

NOTE: You should **STRONGLY** consider working barefoot (to ground) as well.

If the location is too “HOT”

It is suggested that some sites may need to be visited by individuals who are clear and strong in their intent and ability to shield themselves from humbug. For this reason it is recommended that those embarking on these journeys into nature learn to listen to their gut instinct. If an area feels too uncomfortable to work in, leave. Let us know the location and we can find the best crew who might be able to facilitate balance in that specific area.

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Activities to Bring Balance:

Whatever you choose to do be mindful of the Guiding Principles. We are there to bring balance (through good intent) and we are respectful.

Specific ideas of what to do might be as follows:

- Sing (Time to Rise or anything that resonates).
- Humming
- Meditation
- Breathwork
- Martial Arts (Anything flowing like Ta Chi or Xi Gong would be ideal).
- Tuning Forks (Solfeggio Frequencies not 440 Hz).
- Singing Bowl + Crystals (laid on a tissue or similar in the bowl).

Whatever you choose to do, do it with love and respect and you won't go far wrong.

Some wise words from the Healing Circle:

“I've found when doing my own work on the land that it helps to create a toroidal field of continuous momentum originating in the heart space, snaking through the body, up and then out of the crown into the heart of the cosmos, and then feeding out and down deep into the heart of the earth and back up through the body cross, crossing the chakra system as it goes. I hold a feeling of benevolence or balance, with the intention that all systems in and on the land find their way back to harmony. Gratitude is always a nice one to hold as well and is always well received.”

Murphy Ryland, Healing Circle, Ley Love Down

“I feel into it and depending on intent, I have used the following with noticeable benefits (understanding the first two are masculine): Bullroarer, Didgeridoo/Yidaki, Clapsticks, Forked Stick (Tuning Fork), Singing, Humming, Meditation and Breathwork, smoke a pipe, rhythmic martial arts with gentle flow, Connecting with clouds, trees, birds, insects, wildlife, rocks/stones, and water if present and drawn to them.

Jim Williams, Healing Circle, Ley Love Down

The last word from **Rachel** and **Ben**:

THANK YOU for the work that you are doing. You are lighthouses and you are showing humanity the way out of the dark. You are the spark that will light the fire. **Onwards!**